



### **Personal, Social, Health, Citizenship Education (including Learning to Love - RSE)**

#### **Formal Curriculum - Priesthorpe - PSHCE**

West SILC students at Priesthorpe access PSHCE as part of the Coaching timetable. They have one 30-minute PSHCE lesson per week which is delivered by their Coaching teacher in line with the whole school PSHCE programme. The content of these lessons is differentiated for our students and where necessary, such as for the teaching of RSE, we withdraw students for bespoke, small group interventions. We recognise that the delivery of PSHCE and RSE is particularly pertinent for SEND students given their vulnerability. Within PSHCE lessons and specific interventions, there is a focus on developing the life skills and social awareness that our students need to live safely and independently. These topics may include: puberty and self-care, personal relationships, exploitation, grooming, bullying, mental health awareness and managing money.

In addition to weekly lessons, Personal Development days take place three times per year where students follow an alternative timetable for a full day. During these days, the pupils have access to a wider range of external providers and activities include workshops, a key speaker and drama performances.

As students enter KS4, they access the START programme which helps to prepare them for employability and work experience. In Year 10, students undertake a week of formal Work Experience which is essential to developing their understanding of the world of work and future opportunities. In Year 11, they receive professional careers guidance to support them in making the right choices for their post-16 provision.